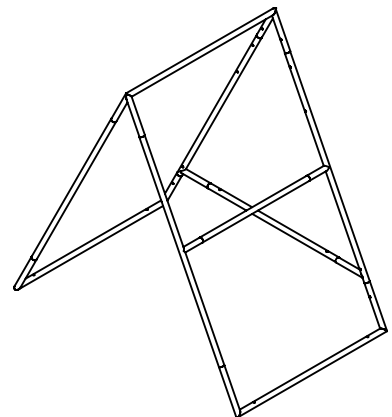
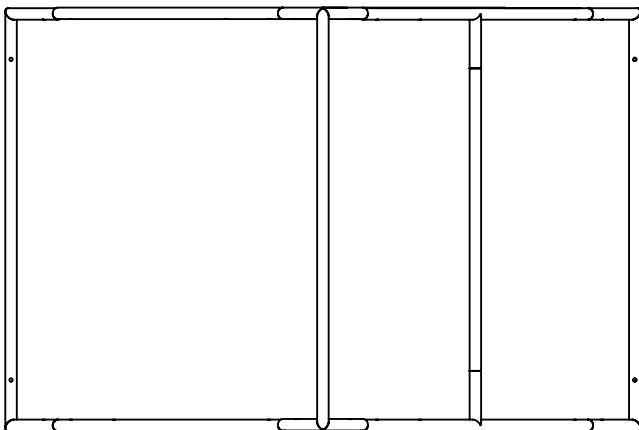
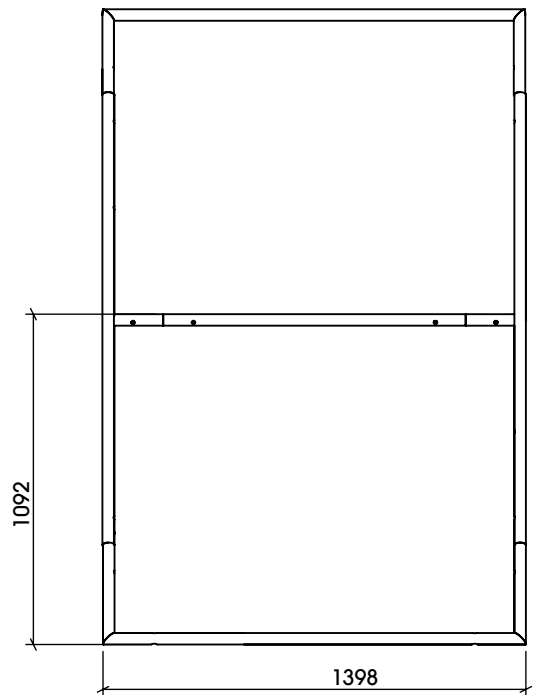
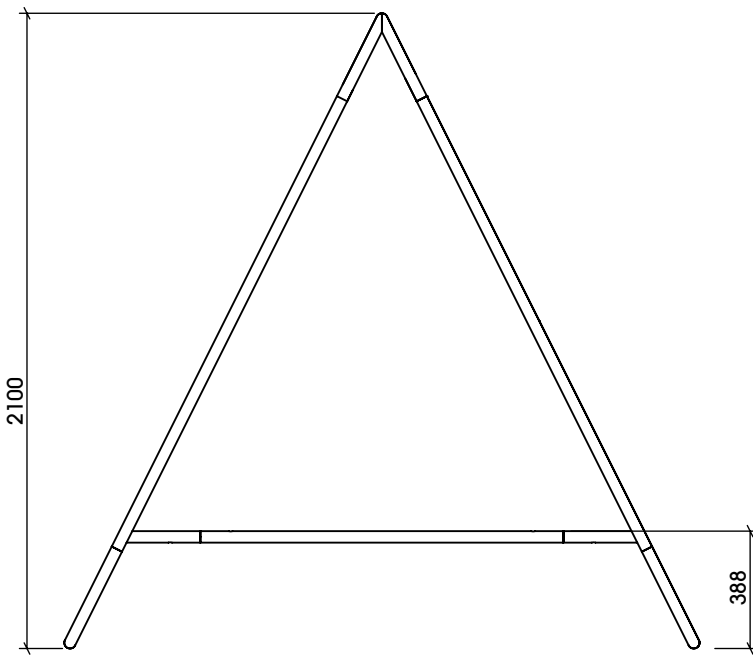
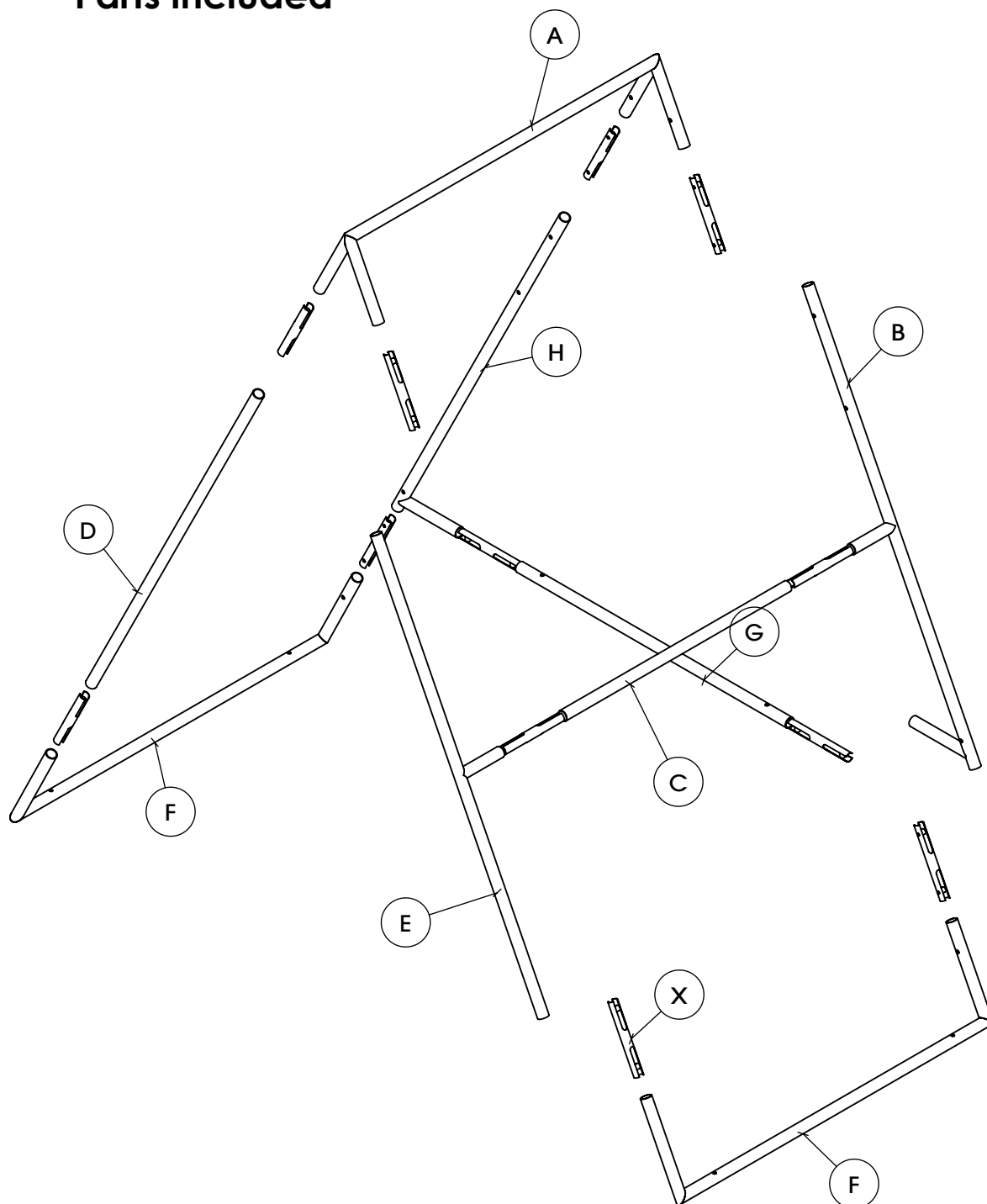


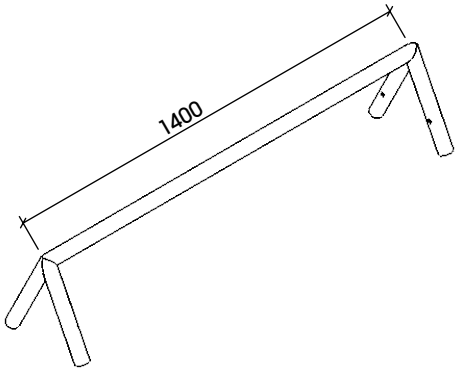
### Overview



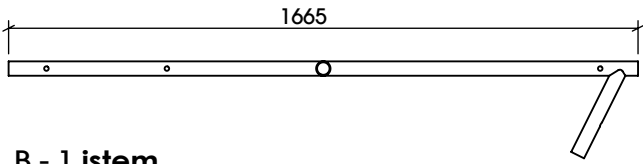
Parts included



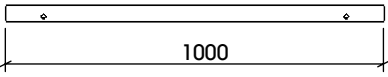
Parts included



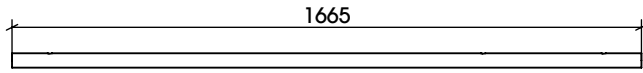
A - 1 item



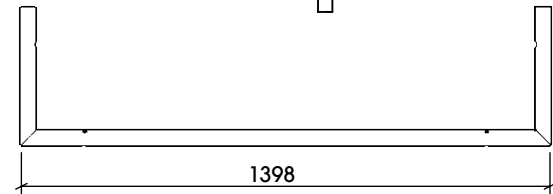
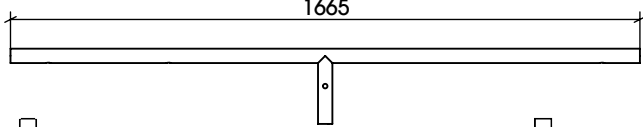
B - 1 item



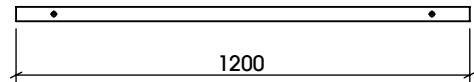
C - 1 item



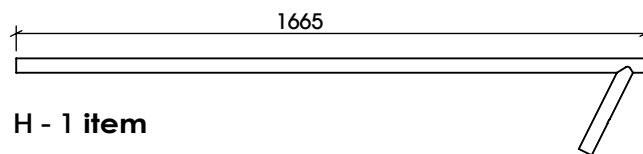
D - 1 item



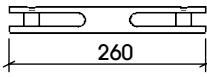
F - 2 items



G - 1 item



H - 1 item

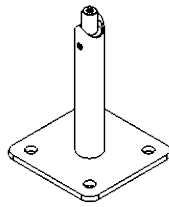


X - 14 items



M10x30 bolts - 28 items

When installing the base 20 cm beneath the surface



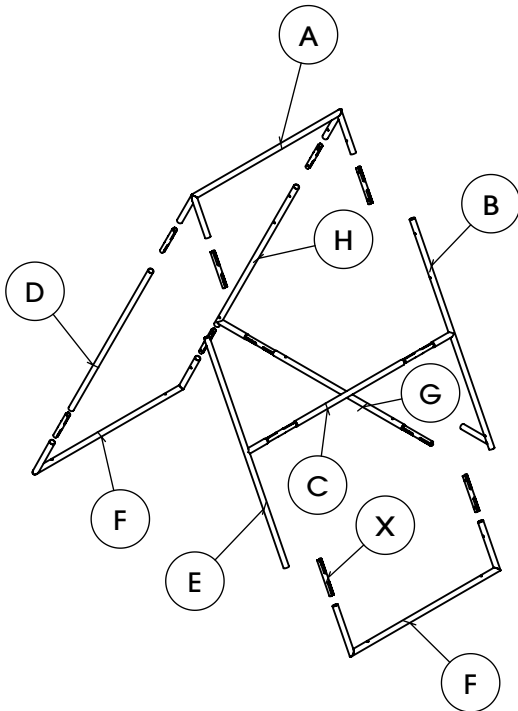
Y - 4 items

When attaching the base to the ground



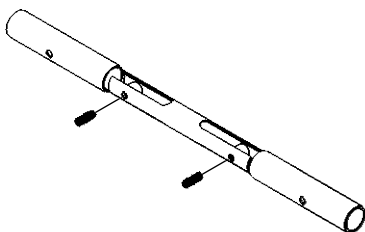
Z - 4 items

## Installation



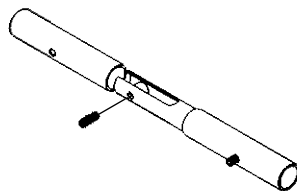
1. Attach the two ends BCDF & DHF using coupling bracket X. Please see the Assembly guidelines.
2. Use the screws to attach the coupling brackets to points A and G without fully tightening the screws.
3. Join the A and G ends together at the same time.
4. Once all the parts have been attached by the screws, tighten all screws securely. The frame can only achieve maximum overall stability when each individual screw is fully tightened.

## Assembly guidelines

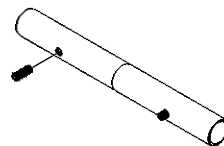


1. Each connection point requires coupling bracket (X) and two M10x30 bolts

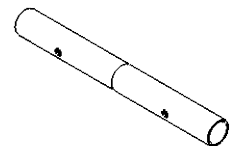
Please note that the bolts must be lubricated.



2. Screw the coupling bracket into one end without fully tightening the screw.

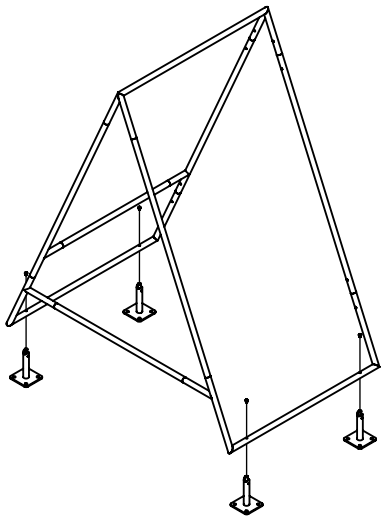


3. Attach the parts and screw in the second screw.



4. Once the parts have been assembled, screw in the second screw at the other end.

## Installation 20cm underneath the surface



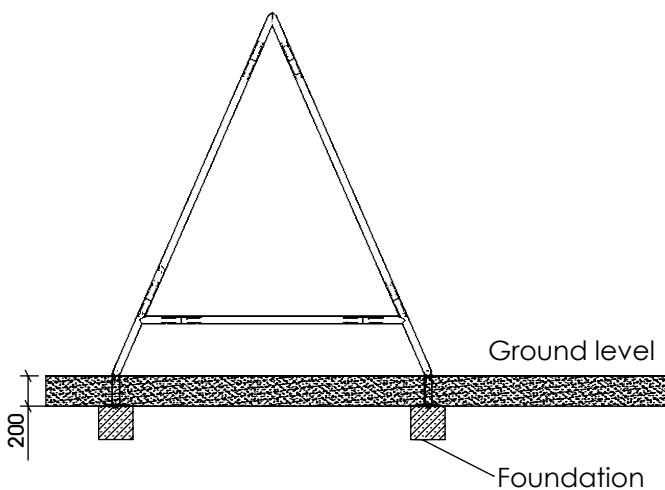
Fit the fastening fittings and washers using the K6S M10x30 bolts included. Fully tighten the screws.

Note that the frame should be pressed towards the fastening bracket as the screws are tightened.

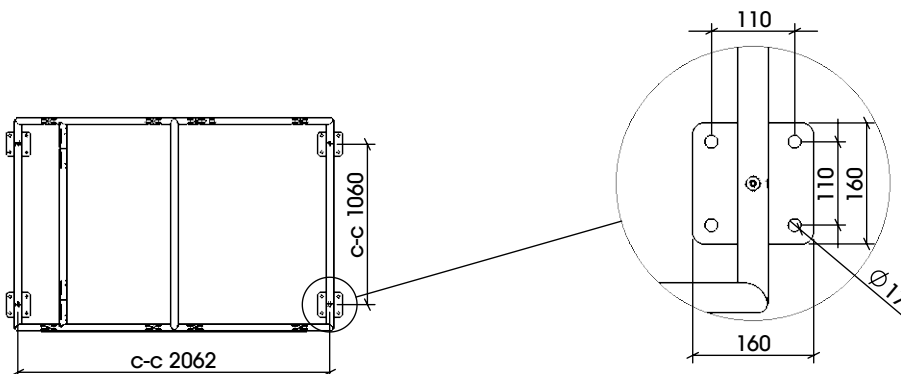
The fastening fittings have a foot plate with four holes for mounting with M16 bolts. In cold zones, prepare for installing the base beneath the surface by digging to a frost-free depth. For best results, use frost-proof materials.

Use a prefabricated concrete base or use wet concrete to cast a concrete foundation in place. Drill holes in the foundation and complete the installation using chemical anchor / expander.

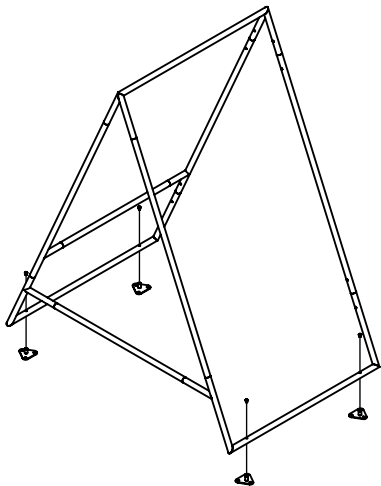
Cover the concrete base with 20 cm thick layer of shock-absorbing safety surface material such as bark, fine gravel, sand or a flexible outdoor membrane.



Shock-absorbing safety surface material



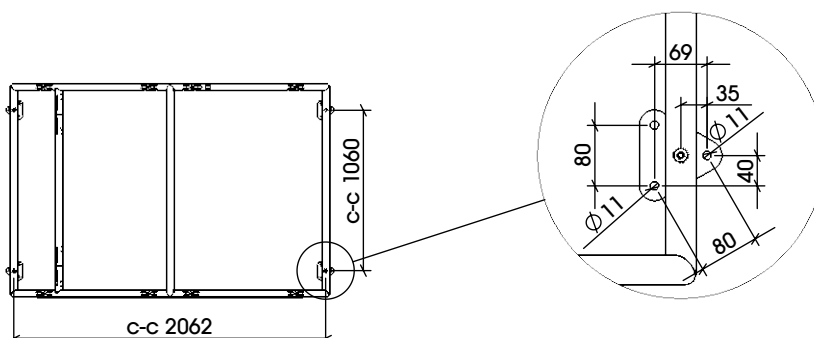
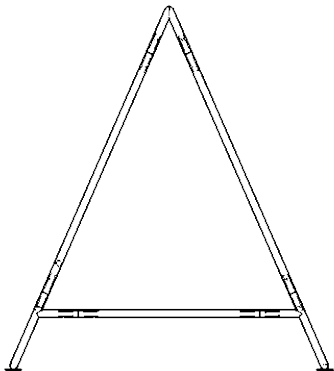
## Installation to the surface



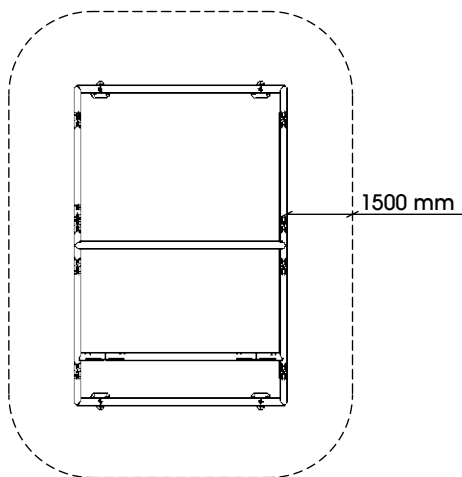
Fit the fastening fittings and washers using the K6S M10x30 bolts included. Fully tighten them. Note that the frame should be pressed towards the fastening bracket as the parts are tightened.

The fastening fittings have a foot plate with three bolt holes ready for mounting with M10 bolt. Drill holes into the ground surface and install using a chemical anchor / expander.

If installed on wooden base, use hex-head wood screws or similar.



## Safety distances and shock-absorbing safety surface material

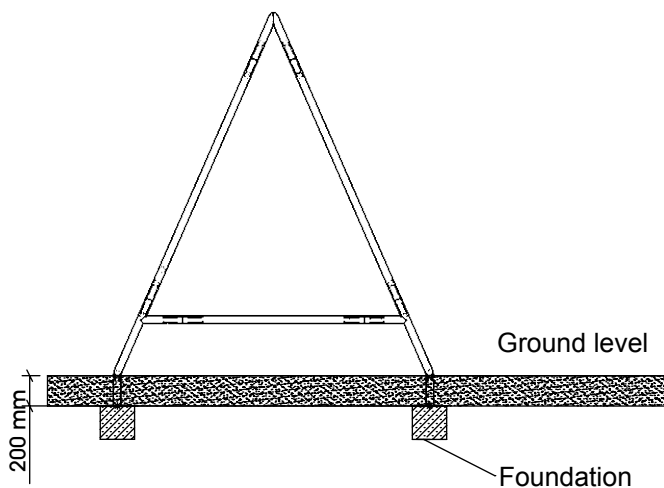


Nola recommends a minimum safety distance of 1.5 m between the outer edges of each unit. That makes the minimum distance between two units 3 m.

Nola recommend that the required shock-absorbing safety surface materials are installed according to the guidelines given in the European Safety Institute's publication EN 16630: 2015 for permanently-installed fitness equipment for outdoor use - Safety requirements and test methods'.

Further information is available at <https://www.sis.se/en/produkter/domestic-and-commercial-equipment-entertainment-sports/sports-equipment-and-facilities/outdoor-and-water-sports-equipment/ssen166302015/>.

Examples of shock-absorbing safety surface materials are bark, fine gravel, sand, rubber granules or a flexible outdoor membrane. Certain types of soft turf can also be used.



Shock-absorbing safety surface material