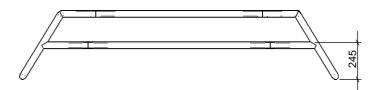
# Kebne 5<sub>p.1/7</sub>

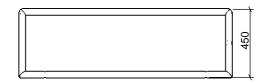
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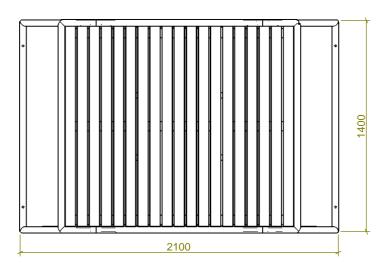
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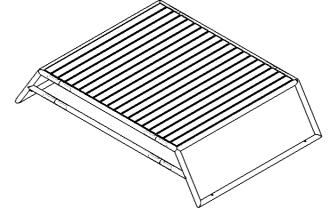
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### **OVERVIEW**





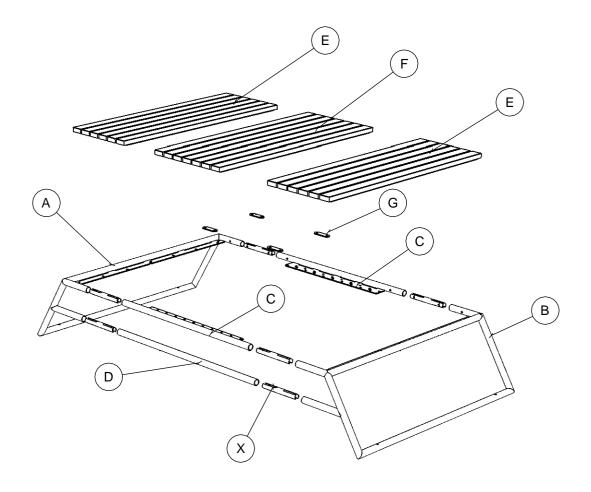




# Kebne 5<sub>p.2/7</sub>



## PARTS INCLUDED



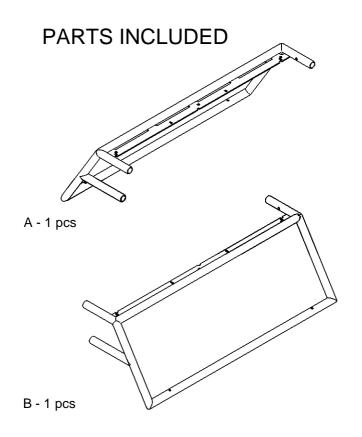
# Kebne 5<sub>p.3/7</sub>

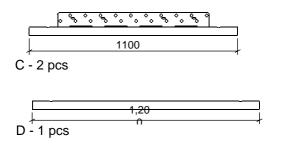
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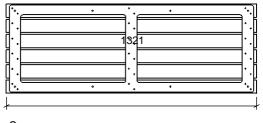
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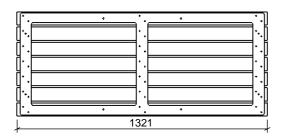
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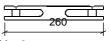




E - 2 pcs



F - 1 pcs



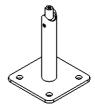
X - 6 pcs

### For mounting

Stop screw M10x30 - 12 pcs

K6S M10x30 - 4 pcs Washers for M10 4 pcs M8x10 (for attaching timber) - 24 pcs Trays for M8 - 24 pcs

### For attaching 20 cm below ground level



Y- 4 pcs

### For attaching to the ground



Z-4 pcs

# Kebne 5<sub>p.4/7</sub>

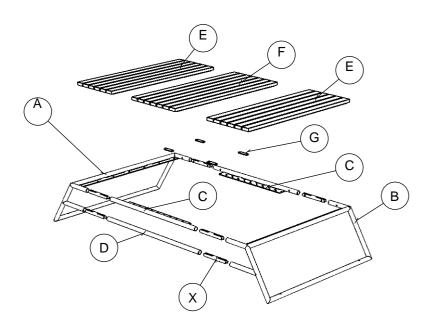
#### **ASSEMBLY INSTRUCTIONS**



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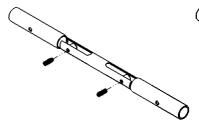
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### **ASSEMBLY**



- Assemble the end panels A and B with the CCD with the connecting fitting X. See the principle for mounting.
- 2. Tighten all screws according to the following principle.
- 3. Apply the timber modules EEF and fasten with M8X10 + washer.
- 4. Connect the wood modules using 4 clutch washers G attached with M8X10
  - + washer.

### PRINCIPLE FOR ASSEMBLY

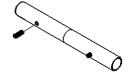


1. A connecting fitting (X) and two stop screws M10x30 are needed for each join.

PLEASE NOTE! THE SCREWS MUST BE LUBRICATED!



2. Screw the connecting fitting into one part without tightening the screw.



3. Join the parts and screw in the other screw.



4. Ensure that the two parts are lined up and then tighten the screws alternately until the screw head is in line with the outer tube. Be careful not to pull so hard that the outer tube is deformed.

# Kebne 5<sub>p.5/7</sub>

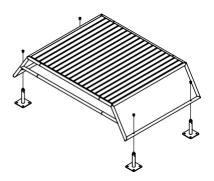


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## ATTACHMENT 20 CM BELOW GROUND LEVEL

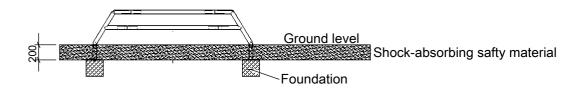


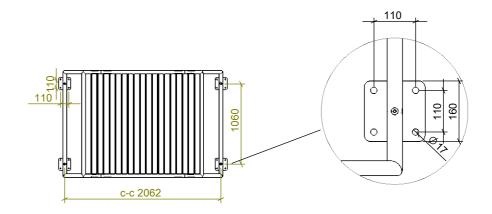
Install the mounting brackets with washer + K6S M10 x 30 (supplied). Fully tighten the screw. The pipe should be flattened slightly against the mounting bracket.

The mounting brackets have a base plate with four holes for mounting with M16 bolt.

Dig to frost-free depth and base with a non-frosting material. Use prefab foundation or cast concrete foundation on site. Drill holes in the foundation and mount with core anchor/expander.

Fill with 20 cm of shock absorbing surface. For example, Bark/gravel/sand





# Kebne 5<sub>p.6/7</sub>

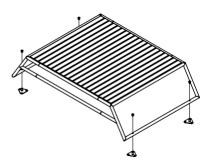
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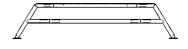
## ATTACHING TO THE GROUND

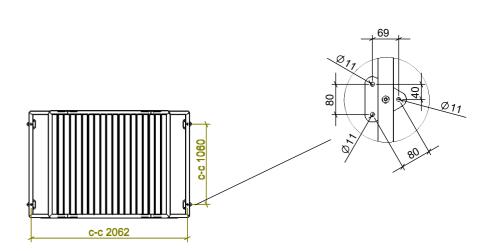


Install the mounting brackets with washer + K6S M10 x 30 (supplied). Fully tighten the screw. The pipe should be flattened slightly against the mounting bracket.

The mounting brackets have a base plate with four holes for mounting with M10 bolt. Drill holes in the foundation and mount with core anchor/expander.

Mounting on wooden base using French wood screw.





# Kebne 5,7/7

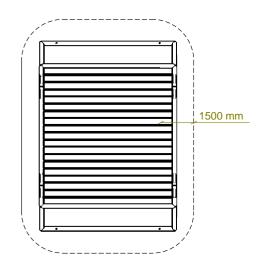
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## SAFETY DISTANCE/FALL PROTECTION



Nola recommends a safety distance of 1.5 m from the outer edge of each unit. Note that the recommended distance between two units then adds up to 3 m.

Nola also recommends that fall protection is installed according to Swedish standard SS-EN 16630:2015 "Permanently installed fitness equipment for outdoor use - Safety requirements and test methods".

Examples of fall protection can be 20 cm sand, gravel or bark. A substratum of rubber granules or grass may also act as fall protection.

