

Kebne Outdoor Gym

Design Kauppi & Kauppi

The Kebne outdoor gym is inspired by the peaks of Kebnekaise, creating a beautiful and inviting silhouette in any environment. The gym consists of 5 modules designed for strength training and stretching, using bodyweight as resistance. These sculptural forms not only function as exercise equipment but also enhance the aesthetic value of open spaces. Kebne helps to create natural and inviting meeting spots for everyone, regardless of height, age, gender, or fitness level. It is perfect for neighbourhood squares, schoolyards, parks, waterfronts, and recreational areas.

Kebne is developed according to standard SS 16630 (Permanently Installed Outdoor Fitness Equipment), which also requires a [Kebne Signboard](#) to be placed near the modules.

For more information, download the *Kebne Brochure* below.

CERTIFICATION

Produkt listad i
Svanens Husportal



Dimensions and weight

Kebne Signboard

Weight 16 kg

Post with sign

Post height above ground: 200 cm

Diameter post: Ø 6 cm

Sign plate: 42.4 x 60 cm

Individual dimensions

Sign with printed training exercises in 2 mm disc in laminated foamed Forexplast:

41.4 x 59 cm

Kebne Outdoor Gym Module 1

Length: 210 cm

Width: 140 cm

Height: 240 cm

Weight 57 kg

Fall height: 140 cm

Ö72-17M: 2,5 kg

Ö72-17N: 0,5 kg

Kebne Outdoor gym Module 2

Length: 210 cm

Width: 140 cm

Height: 210 cm

Weight 53,5 kg

Fall height: 110 cm

Ö72-17M: 2,5 kg

Ö72-17N: 0,5 kg

Kebne Outdoor gym Module 3

Length: 210 cm

Width: 140 cm

Height: 115 cm

Weight 74 kg

Fall height: 45 cm

Ö72-16M: 2,25 kg

Ö72-16N: 0,48 kg

Kebne Outdoor gym Module 4

Length: 210 cm

Width: 140 cm

Height: 90 cm

Weight 87 kg

Fall height: 90 cm

Ö72-16M: 2,25 kg

Ö72-16N: 0,48 kg

Kebne Outdoor gym Module 5

Length: 210 cm

Width: 140 cm

Height: 45 cm

Weight 96 kg

Fall height: 45 cm

Ö72-16M: 2,25 kg

Ö72-16N: 0,48 kg

Product numbers and combinations

Ö72-09 Kebne Outdoor gym modules 1-5, incl. signboard

B11-08 Start-up fee for other wood materials than the standard option

B11-06 Start-up fee for other steel powdercoating colors than standard, use a RAL color

Ö72-15 Signboard

Ö72-SIGN Signprint for all 5 modules

Ö72-SIGN 1 Signprint for Module 1

Ö72-SIGN 2 Signprint for Module 2

Ö72-SIGN 3 Signprint for Module 3

Ö72-SIGN 4 Signprint for Module 4

Ö72-SIGN 5 Signprint for Module 5

Ö72-SIGN C Signprint SPECIAL for desired number of modules

Ö72-16N Attachment mountings 4 pcs/ set, ABOVE ground level

Ö72-16M Attachment mountings 4 pcs/ set, BELOW ground level

Ö72-10 Kebne Module 1, L: 210 cm. W: 140 cm. H: 240cm

Ö72-17N Attachment mountings 4 pcs/ set, ABOVE ground level

Ö72-17M Attachment mountings 4 pcs/ set, BELOW ground level

Ö72-SIGN 1 Signprint for module 1

Ö72-15 Signboard

Ö72-11 Kebne Module 2, L: 210 cm. W: 140 cm. H: 210 cm

Ö72-17N Attachment mountings 4 pcs/ set, ABOVE ground level

Ö72-17M Attachment mountings 4 pcs/ set, BELOW ground level

Ö72-SIGN 2 Signprint for Module 2

Ö72-15 Signboard

Ö72-12 Kebne Module 3, L:210 cm. W:140 cm. H:115 cm

Ö72-16N Attachment mountings 4 pcs/ set, ABOVE ground level

Ö72-16M Attachment mountings 4 pcs/ set, BELOW ground level

Ö72-SIGN 3 Signprint for Module 3

Ö72-15 Signboard

Ö72-13 Kebne Module 4, L:210 cm. W:140 cm. H:90 cm

Ö72-16N Attachment mountings 4 pcs/ set, ABOVE ground level

Ö72-16M Attachment mountings 4 pcs/ set, BELOW ground level

Ö72-SIGN 4 Signprint for Module 4

Ö72-15 Signboard

Ö72-14 Kebne Module 5, L:210 cm. W:140 cm. H:45 cm

Ö72-16N Attachment mountings 4 pcs/ set, ABOVE ground level
Ö72-16M Attachment mountings 4 pcs/ set, BELOW ground level
Ö72-SIGN Signboard
Ö72-SIGN 5 Signprint for Module 5

Append to product number

WOOD AND FINISH

ACC for accoya.

METAL SURFACE FINISH

GR for grey RAL 7016 antracit.

Yellow for yellow RAL 1023.

VR for red RAL 3009.

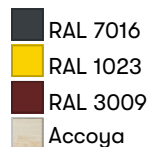
C for any color other than standard, starting cost is added.

INSTALLATION TYPE

N for surface mount.

M for installation in pre-cast foundations.

Standard colours



Materials and surface treatments

Accoya® wood.

Accoya

Accoya® wood is the result of more than 80 years of research and development into modifying wood through an acetylation process. Accoya® wood is Radiata pine, a fast-growing wood virtually free of knots that is harvested from renewable FSC-certified forests. Accoya® wood has properties that match or exceed those of tropical woods and the treatment process is non-toxic. The pale wood will turn grey over time and may develop dark spots over time. Accoya® can withstand humid and rainy environments very well and expands/contracts less than other tropical-type woods.

Steel

Nola uses high-quality steel with good strength in our products. Steel rusts if left untreated and must therefore be surface treated.

Electrogalvanized

Electrogalvanizing (also known as zinc plating) provides corrosion protection through the sacrifice of zinc ions. It is created via a zinc coating on the steel using an electric current.

Powder coating

Powder coating is a coating that is applied as a free-flowing, dry powder. Unlike conventional liquid paint, powder coating is usually applied electrostatically and then cured under heat or with ultraviolet light. The result is an even, hard-wearing coloured surface with the desired gloss level.

Assembly and placement

Surface mount

Can be bolted above ground, to the floor or to a cast-in-place foundation. Bolts not included.

Installation in pre-cast foundations

Posts for installation in pre-cast foundations.

Knock down system.

Bolts to the ground with screws.

When assembled and fixed into the ground (need to be mounted to foundation 20 cm under ground).

Fall height module 1-5: 140/110/115/90/45cm.

Maintenance

Accoya

Accoya is maintenance-free and does not require any special treatment to preserve its unique properties. If black spots should appear on the wood from pollution in the air, these are easily removed with any kind of furniture wash.

Powdercoated steel

Products that are powder-coated can be touch-up painted with alkylid paint.

[Read more in our general maintenance advice at nola.se/en/care-and-maintenance](https://nola.se/en/care-and-maintenance)

Versions

Five modules and a signboard. Height: 45-240 cm.

Standard colors: Gray RAL 7016 antracit, Yellow RAL 1023 och red RAL 3009.

Character

Kebne är ett utegym med aktivitetsmöbler för naturlig träning i landskap eller stadsrum.

Sustainability

CO₂-eq: 248,66 kg CO₂

Energy consumption: 8439,91 MJ

Recycled materials: 0,17 %

Kebne Outdoor Gym Module 1

CO₂-eq: 177,62 kg CO₂

Energy consumption: 4592,54 MJ

Recycled materials: 0,19 %

Kebne Outdoor gym Module 2

CO₂-eq: 164,84 kg CO₂

Energy consumption: 4321,24 MJ

Recycled materials: 0,20 %

Kebne Outdoor gym Module 3

CO₂-eq: 197,96 kg CO₂
Energy consumption: 5756,61 MJ
Recycled materials: 0,19 %

Kebne Outdoor gym Module 4

CO₂-eq: 173,92 kg CO₂
Energy consumption: 5352 MJ
Recycled materials: 0,33 %

Kebne Outdoor gym Module 5

CO₂-eq: 248,66 kg CO₂
Energy consumption: 8439,91 MJ
Recycled materials: 0,17 %
[View EPD for details](#)

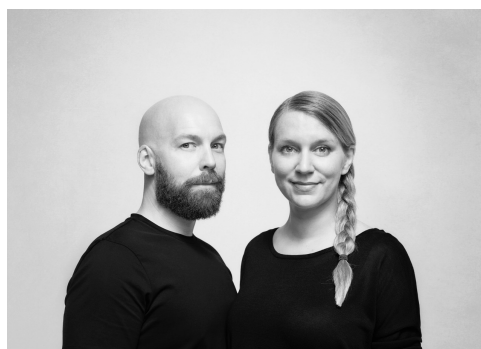
Designers

Kauppi & Kauppi

Kauppi & Kauppi is a designer duo with roots in the very north and south of Sweden. Johan & Nina have both earned their MFA degree at the *Academy of Design & Crafts at The University of Gothenburg*. In 2016 they established the shared design studio in Sweden, after living several years in New York and Frankfurt.

The studio approaches design in all scales, from spatial projects to tactile objects in the hand's scale. The studio's design philosophy is identified by a search for a pure and restrained design, celebrating the added values that makes a project unique and genuine. The inspiration is often found in the contrasts, between north and south and in the dynamic between tranquil nature and pulsing cityscapes.

Kauppi & Kauppi has attracted international attention through publications and several design awards such as *Swedish Design Awards*, *Archiproduct Design Award*, *Muuuz International Design Awards* and three *German Design Award Gold*, to mention some of their honourable highlights.





Kebne outdoor gym is inspired by the mountain peaks of Kebnekaise and contributes with the aesthetic value of a sculpture in an open landscape.



