

Kebne Outdoor Gym

Design Kauppi & Kauppi

The Kebne outdoor gym consists of five free-standing fitness units for strength training and stretching. Each of the five modules is designed for exercises that use the individual's own body weight as a counterweight for resistance training. None of the fitness units contain levers, pulleys or moving parts of any kind, making them uniquely maintenance-free.

Kebne can create inclusive community gathering places for everyone, regardless of age, gender or training ability. Kebne is an excellent choice for built environments, such as neighbourhood squares, school campuses, parks and urban green lanes. Kebne is a natural complement to beach promenades, fitness trails and outdoor leisure & recreation areas. The fitness units can be placed at intervals along outdoor fitness trails. The frames can be produced in a colour with a high-visibility factor to give them a wayfinding capacity, making it easier to spot them in the distance.

The outdoor gym is complemented by an overall sign depicting the functions and potentials of each individual fitness unit. Each unit has a corresponding sign with easy-to-understand icons that illustrate the exercises it is designed for. When ordering a complete outdoor gym (all five fitness units), the signs will display a scannable QR Code linked to Kebne's training videos on www.summitcalisthenics.com.

Kebne is developed in accordance with standard EN 16630 and meets its requirements for strength, calculated by independent party Structural Engineering AB with FEM-Design 3D Structure.

In order for Kebne outdoor gym to be approved in an inspection according to standard SS:EN 16630, there must be a Kebne sign in connection with the facility. This applies whether you order individual units or a complete outdoor gym.

BIM models are available for each fitness unit on the respective product pages.

For more detailed information, please see the [Kebne Brochure](#)

CERTIFICATION

Produkt listad i
Svanens Husportal  BYGGGARU
BEDÖMNINGEN

Dimensions and weight

Kebne sign

Post with sign

Post height above ground: 200 cm

Diameter post: Ø 6 cm

Sign plate: 42.4 x 60 cm

Individual dimensions

Sign with printed training exercises in 2 mm disc in laminated foamed Forexplast:
41.4 x 59 cm

Kebne

Length: 210 cm

Width: 140 cm

Height: 240 cm

Vikt: 43 kg

Fall height: 140 cm

Kebne outdoor gym module 2

Length: 210 cm

Width: 140 cm

Height: 210 cm

Vikt: 40 kg

Fall height: 110 cm

Kebne outdoor gym unite 3

Length: 210 cm

Width: 140 cm

Height: 115 cm

Vikt: 74 kg

Fall height: 45 cm

Kebne outdoor gym module 4

Length: 210 cm

Width: 140 cm

Height: 90 cm

Vikt: 75 kg

Fall height: 90 cm

Kebne outdoor gym module 5

Length: 210 cm

Width: 140 cm

Height: 45 cm

Vikt: 74 kg

Fall height: 45 cm

Product numbers and combinations

Ö72-09 Kebne outdoor gym module 1-5, incl. sign

B11-08 Start-up fee for other wood materials than the standard option
B11-06 Start-up fee for other steel powdercoating colors than standard, use a RAL color

Ö72-15 Sign with metal plate
Ö72-SIGN Signprint for all 5 unites
Ö72-SIGN 1 Signprint for unit 1
Ö72-SIGN 2 Signprint for unit 2
Ö72-SIGN 3 Signprint for unit 3
Ö72-SIGN 4 Signprint for unit 4
Ö72-SIGN 5 Signprint for unit 5
Ö72-SIGN C Signprint SPECIAL for desired number of unites
Ö72-16N Attachment mountings 4 pcs/ set, ABOVE ground level
Ö72-16M Attachment mountings 4 pcs/ set, BELOW ground level
Ö72-10 Kebne unit 1
Ö72-16N Attachment mountings 4 pcs/ set, ABOVE ground level
Ö72-16M Attachment mountings 4 pcs/ set, BELOW ground level
Ö72-SIGN 1 Signprint for unit 1
Ö72-15 Sign with metal plate
Ö72-11 Kebne unit 2
Ö72-16N Attachment mountings 4 pcs/ set, ABOVE ground level
Ö72-16M Attachment mountings 4 pcs/ set, BELOW ground level
Ö72-SIGN 2 Signprint for unit 2
Ö72-15 Sign with metal plate
Ö72-12 Kebne unit 3
Ö72-16N Attachment mountings 4 pcs/ set, ABOVE ground level
Ö72-16M Attachment mountings 4 pcs/ set, BELOW ground level
Ö72-SIGN 3 Signprint for unit 3
Ö72-15 Sign with metal plate
Ö72-13 Kebne unit 4
Ö72-16N Attachment mountings 4 pcs/ set, ABOVE ground level
Ö72-16M Attachment mountings 4 pcs/ set, BELOW ground level
Ö72-SIGN 4 Signprint for unit 4
Ö72-15 Sign with metal plate
Ö72-14 Kebne module 5
Ö72-16N Attachment mountings 4 pcs/ set, ABOVE ground level
Ö72-16M Attachment mountings 4 pcs/ set, BELOW ground level
Ö72-SIGN Sign with metal plate
Ö72-SIGN 5 Signprint for module 5

Append to product number

WOOD AND FINISH

ACC for accoya.

METAL SURFACE FINISH

GR for grey RAL 7016 antracit.

GUL for yellow RAL 1023.

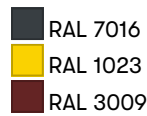
VR for red RAL 3009.

C for any color other than standard, starting cost is added.

INSTALLATION TYPE

N for surface mount.
M for installation in pre-cast foundations.

Standard colours



Materials and surface treatments

Accoya® wood.

Accoya

Accoya® wood is the result of more than 80 years of research and development into modifying wood through an acetylation process. Accoya® wood is Radiata pine, a fast-growing wood virtually free of knots that is harvested from renewable FSC-certified forests. Accoya® wood has properties that match or exceed those of tropical woods and the treatment process is non-toxic. The pale wood will turn grey over time and may develop dark spots over time. Accoya® can withstand humid and rainy environments very well and expands/contracts less than other tropical-type woods.

Steel

Nola uses high-quality steel with good strength in our products. Steel rusts if left untreated and must therefore be surface treated.

Electrogalvanized

Electrogalvanizing (also known as zinc plating) provides corrosion protection through the sacrifice of zinc ions. It is created via a zinc coating on the steel using an electric current.

Powder coating

Powder coating is a coating that is applied as a free-flowing, dry powder. Unlike conventional liquid paint, powder coating is usually applied electrostatically and then cured under heat or with ultraviolet light. The result is an even, hard-wearing coloured surface with the desired gloss level.

Assembly and placement

Surface mount

Can be bolted above ground, to the floor or to a cast-in-place foundation. Bolts not included.

Installation in pre-cast foundations

Posts for installation in pre-cast foundations.

Knock down system.

Bolts to the ground with screws.

When assembled and fixed into the ground (need to be mounted to foundation 20 cm under ground).

Fall height module 1-5: 140/110/115/90/45cm.

Maintenance

Accoya

Accoya is maintenance-free and does not require any special treatment to preserve its unique properties. If black spots should appear on the wood from pollution in the air, these are easily removed with any kind of furniture wash.

Powdercoated steel

Products that are powder-coated can be touch-up painted with alkyd paint.

[Read more in our general maintenance advice at nola.se/en/care-and-maintenance](https://nola.se/en/care-and-maintenance)

Versions

Five modules and a sign. Height: 45-240 cm.

Standard colors: Gray RAL 7016 antracit, Yellow RAL 1023 och red RAL 3009.

Character

Kebne är ett utegym med aktivitetsmöbler för naturlig träning i landskap eller stadsrum.

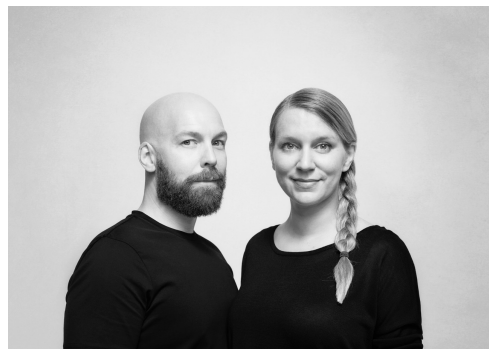
Designers

Kauppi & Kauppi

Kauppi & Kauppi is a designer duo with roots in the very north and south of Sweden. Johan & Nina have both earned their MFA degree at *the Academy of Design & Crafts at The University of Gothenburg*. In 2016 they established the shared design studio in Sweden, after living several years in New York and Frankfurt.

The studio approaches design in all scales, from spatial projects to tactile objects in the hand's scale. The studio's design philosophy is identified by a search for a pure and restrained design, celebrating the added values that makes a project unique and genuine. The inspiration is often found in the contrasts, between north and south and in the dynamic between tranquil nature and pulsing cityscapes.

Kauppi & Kauppi has attracted international attention through publications and several design awards such as *Swedish Design Awards*, *Archiproduct Design Award*, *Muuuz International Design Awards* and three *German Design Award Gold*, to mention some of their honourable highlights.





Kebne outdoor gym is inspired by the mountain peaks of Kebnekaise and contributes with the aesthetic value of a sculpture in an open landscape.



