

## Kebne Outdoor Gym Fitness Unit 1

### Design Kauppi & Kauppi

The Kebne outdoor gym consists of five free-standing fitness units for strength training and stretching. Each of the five modules is designed for exercises that use the individual's own body weight as a counterweight for resistance training.

Fitness Unit 1 is designed primarily for back and bicep training. It is optimised for individuals taller than 1.75 cm but can accommodate other heights too. This unit has a lower side bar, enabling stronger people to get more out of the exercises they perform.

Kebne is developed in accordance with standard EN 16630 and meets its requirements for strength, calculated by independent party Structural Engineering AB with FEM-Design 3D Structure.

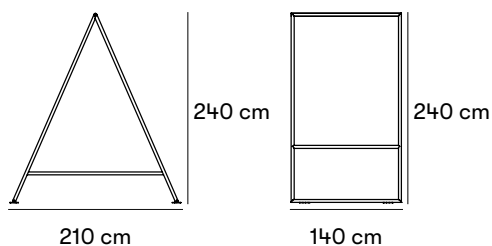
In order for Kebne outdoor gym to be approved in an inspection according to standard SS:EN 16630, there must be a Kebne sign in connection with the facility. This applies whether you order individual units or a complete outdoor gym.

BIM models are available for this fitness unit.

For more detailed information, please see the [Kebne Brochure](#)

#### CERTIFICATION

Produkt listad i  
Svanens Husportal  BYGGVARU  
BEDÖMNINGEN



#### Dimensions and weight

Length: 210 cm  
 Width: 140 cm  
 Height: 240 cm  
 Vikt: 43 kg  
 Fall height: 140 cm

#### Product numbers and combinations

Ö72-10 Kebne unit 1  
 Ö72-16N Attachment mountings 4 pcs/ set, ABOVE ground level  
 Ö72-16M Attachment mountings 4 pcs/ set, BELOW ground level  
 Ö72-SIGN 1 Signprint for unit 1  
 Ö72-15 Sign with metal plate  
 Ö72-09 Kebne outdoor gym module 1-5, incl. sign  
 B11-08 Start-up fee for other wood materials than the standard option  
 B11-06 Start-up fee for other steel powdercoating colors than standard, use a RAL color

#### Append to product number

##### WOOD AND FINISH

ACC for accoya.

##### METAL SURFACE FINISH

GR for grey RAL 7016 antracit.

GUL for yellow RAL 1023.

VR for red RAL 3009.

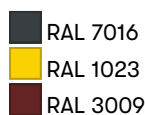
C for any color other than standard, starting cost is added.

##### INSTALLATION TYPE

N for surface mount.

M for installation in pre-cast foundations.

#### Standard colours



#### Materials and surface treatments

##### Steel

Nola uses high-quality steel with good strength in our products. Steel rusts if left untreated and must therefore be surface treated.

### **Accoya**

Accoya® wood is the result of more than 80 years of research and development into modifying wood through an acetylation process. Accoya® wood is Radiata pine, a fast-growing wood virtually free of knots that is harvested from renewable FSC-certified forests. Accoya® wood has properties that match or exceed those of tropical woods and the treatment process is non-toxic. The pale wood will turn grey over time and may develop dark spots over time. Accoya® can withstand humid and rainy environments very well and expands/contracts less than other tropical-type woods.

### **Electrogalvanized**

Electrogalvanizing (also known as zinc plating) provides corrosion protection through the sacrifice of zinc ions. It is created via a zinc coating on the steel using an electric current.

### **Powder coating**

Powder coating is a coating that is applied as a free-flowing, dry powder. Unlike conventional liquid paint, powder coating is usually applied electrostatically and then cured under heat or with ultraviolet light. The result is an even, hard-wearing coloured surface with the desired gloss level.

## **Assembly and placement**

### **Surface mount**

Can be bolted above ground, to the floor or to a cast-in-place foundation. Bolts not included.

### **Installation in pre-cast foundations**

Posts for installation in pre-cast foundations.

Knock down system.

Bolts to the ground with screws (not included in the delivery).

When assembled and fixed into the ground (need to be mounted to foundation 20 cm under ground or above ground).

Fall height unit 1: 140cm

The frames can be attached to almost any surface material or cast in concrete, with room for a layer of cushioning to be added underneath. When assembled and fixed into the ground (need to be mounted to foundation 20 cm under ground).

## **Maintenance**

### **Accoya**

Accoya is maintenance-free and does not require any special treatment to preserve its unique properties. If black spots should appear on the wood from pollution in the air, these are easily removed with any kind of furniture wash.

### **Powdercoated steel**

Products that are powder-coated can be touch-up painted with alkyd paint.

[Read more in our general maintenance advice at nola.se/en/care-and-maintenance](https://nola.se/en/care-and-maintenance)

## **Versions**

Five models Height: 45-240 cm.

Standard colors: Gray RAL 7016 antracit, Yellow RAL 1023 och red RAL 3009.

## Designers

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### Kauppi & Kauppi

Kauppi & Kauppi is a designer duo with roots in the very north and south of Sweden. Johan & Nina have both earned their MFA degree at *the Academy of Design & Crafts at The University of Gothenburg*. In 2016 they established the shared design studio in Sweden, after living several years in New York and Frankfurt.

The studio approaches design in all scales, from spatial projects to tactile objects in the hand's scale. The studio's design philosophy is identified by a search for a pure and restrained design, celebrating the added values that makes a project unique and genuine. The inspiration is often found in the contrasts, between north and south and in the dynamic between tranquil nature and pulsing cityscapes.

Kauppi & Kauppi has attracted international attention through publications and several design awards such as *Swedish Design Awards*, *Archiproduct Design Award*, *Muuuz International Design Awards* and three *German Design Award Gold*, to mention some of their honourable highlights.

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